



## **Dollies Mixtures Ladies Running Group**

### **Safeguarding and Welfare policy for Adults and Children**



#### **Policy statement**

Dollies Mixtures Ladies Running Group will encourage the practice, promotion, development and participation of athletics locally. This will be done in an enjoyable and safe environment, regardless of age, ability or disability, race, religion, ethnic origin, sexual orientation or marital status, although this is a ladies running club. All adults and children are entitled to a duty of care and to be protected from abuse.

#### **Content**

The purpose of this policy is to demonstrate the commitment of Dollies Mixtures Ladies Running Group to safeguarding adults and children to ensure that everyone involved in Dollies Mixtures Ladies Running Group is aware of:

- The legislation, policy and procedures for safeguarding adults and children.
- Their role and responsibility for safeguarding adults and children.
- What to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult or child within the club.

#### **The legislation, policy and procedures for safeguarding adults and children**

Dollies Mixtures Ladies Running Group is committed to Safeguarding Adults and children in line with the national legislation and relevant national and local guidelines these include,

*Wales safeguarding procedures*

*Care Act 2014*

*Working together to Safeguard children 2018*

*Welsh athletics Safeguarding Adults Policy and Procedures*

*Welsh athletics Safeguarding and Protecting Children in Athletics Policy and Procedures.*

*With additional support from the Welsh athletics Welfare club support officer.*

However this is not an exhausted list of legislation Dollies Mixtures Ladies Running will seek advice to follow the legislation best suited to each situation.

## **Roles and responsibilities**

All Committee Members, Leaders and members of the club have responsibility to adhere to the Welfare and Safeguarding policies and procedures and respond to any given situation appropriately and to the best of their ability.

Dollies Mixtures Ladies Running club will appoint two Safeguarding and Welfare Officers to advise and support the Committee and Leaders. Both Safeguarding and Welfare officers will have completed an appropriate safeguarding training to implement welfare policies and procedures and a DBS to support the club to adhere to codes of conduct and the Constitution Statement.

The Safeguarding policy will be promoted to club members via social media and will be published on the club's website and will be updated or reviewed at least every two years.

## **What to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult or child within the club.**

Dollies Mixtures Ladies running Group acknowledges that safeguarding is everybody's responsibility and is committed to prevent abuse and neglect through safeguarding the welfare of all adults and children involved.

Due to the club being held in both England and Wales there will be different points of contact. The clubs welfare officers are

Heidi Bentley (Tregynon)

Liz Wright (Shrewsbury)

## **Adult safeguarding**

Should you suspect an Adult is been harmed or exploited

### **Powys Wales**

**In an emergency, don't wait - call 999.**

Do get medical help if they have been hurt

Do call the police if you suspect a crime

Do listen and reassure the victim

Do preserve evidence (the police will tell you about this)

Don't push for information about what happened

**Email: [assist@powys.gov.uk](mailto:assist@powys.gov.uk)**

**Phone: 0345 602 7050**

Address: ASSIST (Adult Social Care), Powys County Hall, Spa Road East, Llandrindod Wells, Powys, LD1 5LG

## **Shropshire England**

In an emergency dial 999, but for other calls to the police please ring 101.

To report a safeguarding concern by phone ring our

**First Point of Contact team on 0345 678 9040** Monday to Thursday, 9am to 5pm, and Friday 9am to 4pm.

**Out of hours 0345 678 9040** emergency social work duty team

## **Children safeguarding**

### **Powys, Wales**

you have any concerns or suspicions, contact us 24 hours a day, 365 days a year by email **[csfrontdoor@powys.gov.uk](mailto:csfrontdoor@powys.gov.uk)** or our online reporting form. (You may use this form to make a report at any time, but it will only be picked up by the team during office hours).

You can also call us on : **01597 827666** (Monday to Thursday 8.45am - 4.45pm and Friday 8.45am - 4.15pm)

For out of hours please call - **0345 054 4847**

## Shropshire, England

If you think a child or young person is being harmed or at risk of being harmed you must contact the First Point of Contact (FPOC), Children's Services and tell them your concerns. It might be you that's being harmed. Don't delay, please contact us straight away - we're here to help you.

Please report your concerns to FPOC on **0345 678 9021**.

If you need to report concerns out of office hours then please contact the Emergency Social Work Team on **0345 678 9040** selecting option 1

Alternatively, you can report your concerns online to the NSPCC via the 'Report child abuse online - NSPCC website' [Report child abuse | NSPCC](#).

You can also speak to:

Protecting Vulnerable People (West Mercia Police): 0300 333 3000

**NSPCC: 0800 800 5000**

**Childline: 0800 1111**

If a child is in immediate danger

If you think a child is in immediate danger, call the emergency services on 999.

Dolly mixtures will keep a written account of on welfare issues and held in accordance of GDPR.